

Helpful Information for Intending Emigrants

‘DOs’

Be Prepared

- Do as much preparation as possible before you go as it is vital to be as prepared as you can. You will find practical information for newly arrived immigrants on most state’s immigration websites
- Buy a return ticket so you can come home if things do not work out. Remember that if you are visiting some countries you may not be admitted without a return ticket
- Check out immigrant organisations or Irish organisations in your chosen destination. They will have information for newly arrived immigrants which will include lists of employment agencies and companies
- If possible check the internet for possible vacancies and obtain copies of local newspapers

Bring relevant documents

- Ensure that you have the correct documentation: valid passport (machine-readable if going to the USA), birth certificate, appropriate visa if required – i.e. student/work/residence visa
- Bring evidence of your qualifications – degrees/trades/qualifications/drivers licence
- Bring an up to date CV and employment record and references from previous employers where possible

Bring sufficient funds

- Make sure you can use your Irish bank cards in your chosen country of destination. Ask your nearest branch before you go.
- Ensure that you are financially stable and have enough money for rent/deposits, living expenses and for unplanned or unexpected circumstances
- Bring sufficient funds to support yourself until you find a job

Invest in travel and medical insurance

- It is advisable to have travel and medical insurance. As the saying goes - ‘better safe than sorry’

Have contacts

- Ensure you bring the contact details for family and friends in your country of destination
- Ensure you have the contact details of your nearest immigrant organisation or Irish organisation in order to link with them if necessary
- Bring any contacts you have on accommodation and prospective employers
- Ensure you have the contact details for your nearest Irish Embassy/Consulate in case you need to contact them

'DON'Ts'

Don't carry a lot of cash

- Try to avoid carrying large amounts of cash
- Try to use credit cards, ATM cards and travellers cheques which are much safer

Don't travel without...

- ...The appropriate documents; or severe penalties may apply. These penalties may include a possible jail sentence and deportation
- ...A visa; and do not work without a valid visa as deportation could result
- ...Medical prescriptions and records if you need regular medication or have an existing medical condition

Don't forget....

- ...that things are different than in Ireland and adapting to a new system is an essential part of living in a new environment
- ...to give yourself time to adjust. Be patient with yourself
- ...to try to learn the system and study the culture
- ...to be confident in your own skills and education
- ...to bring as much ID with you as possible
- ...to leave a copy of your planned itinerary with family or friends in Ireland in case they need to contact you in an emergency
- **...to contact Crosscare Migrant Project before you leave**

For further information please contact us at:



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