

THE BOURNEMOUTH COLLEGE OF HEALTH CARE PROFESSIONALS  
EDUCATION



# DOS AND DON'TS

## Dos

### Be prepared

- Ensure that you have the correct documentation, current passport, birth certificate, appropriate visa if required, i.e. work/student/residence visa
- Do as much preparation as possible before you go, as it is vital to be as prepared as you can. Have a look at the website [www.immi.gov.au](http://www.immi.gov.au) where you will find practical information for newly arrived immigrants for all the States and Territory's in Australia
- If you are going to Australia on holiday, ensure you buy a return ticket as you may not be admitted without a return ticket
- Check out Irish centres in your chosen destination - they will have information for newly arrived immigrants, which include lists of employment agencies

- If possible check the Internet for possible vacancies and obtain copies of Australian newspapers.

### **Bring relevant qualifications**

- Bring evidence of your qualifications - degrees/trade qualifications/ drivers licence.

### **Bring sufficient funds**

- Make sure you can use your Irish bankcards in Australia.  
Ask your nearest bank branch before you go
- Ensure that you are financially stable and have enough money for rent/deposits, living expenses and for unplanned developments
- Bring sufficient funds to support yourself until you find a job
- Have enough money for a return ticket just in case it doesn't work out.

### **Invest in travel and medical insurance**

- It is advisable to have travel and medical insurance. As the saying goes, "better safe than sorry!".

## Have contacts

- Ensure you bring the contact details for family and friends in Australia
- Ensure you have the contact details of your nearest Irish Organisation in order to link in with them if necessary
- Bring any contacts you have regarding accommodation and prospective employers
- Ensure you have the contact details for your nearest Irish Embassy/ Consulate in case you need to contact them.

## Don'ts

### **Don't carry loads of cash**

- Try to avoid carrying large amounts of cash
- Try to use credit cards, ATM cards and travellers cheques, which are much safer.

### **Don't travel without...**

- The appropriate documents severe penalties may apply. These penalties may include a possible jail sentence and deportation
- A visa and do not work without a valid visa as deportation could result.

## Don't forget to...

- Give yourself time - it takes time to adjust.  
Be patient with yourself
- Try to learn the system and study the culture
- Don't forget that things are different in Australia than in Ireland and adapting to a new system is an essential part of living in a new environment
- Be confident in your own skills and education
- Leave a copy of your planned itinerary with family in Ireland in case they need to contact you in an emergency
- **To contact Crosscare Migrant Project before you leave:**

### Crosscare Migrant Project

1 Cathedral Street

Dublin 1

Website: [www.migrantproject.ie](http://www.migrantproject.ie)

Email: [migrantproject@crosscare.ie](mailto:migrantproject@crosscare.ie)

Telephone: 00 353 1 873 2844

Telephone: 00 353 1 872 6171

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